



OLV PRESENTS
IN CONJUNCTION WITH
FAITH FORMATION

A STUDY OF THEOLOGY OF THE BODY

Discovering the Human Person

Join us as we explore Pope St. John Paul II's
Theology of the Body and discover God's beautiful
vision of the human person, love, freedom, vocation,
and authentic relationships.

All adults are welcome!



WHEN WE MEET

9:15 – 10:15 AM

Between Masses

TWICE MONTHLY



WHO IT'S FOR

All Adults in the Parish

Whether single, married,
engaged, or anywhere
in between—
you belong here!

MEET YOUR INSTRUCTOR



Laura Brand

Director of Religious Education
Our Lady of the Visitation
M.Div. Candidate

MEETING DATES 2026–2027

SEPTEMBER

9/27

OCTOBER

10/11

10/25

NOVEMBER

11/15

11/22

DECEMBER

12/13

12/20

JANUARY

1/10

1/24

FEBRUARY

2/14

2/28

MARCH

3/14

APRIL

4/11

4/25

LAST DAY!



Please return this form
or scan the QR code
to register online.

NAME(S):

EMAIL:

PHONE:

PARISH:



WE'RE JOURNEYING TOGETHER.
Come as you are. Grow at your pace. Be transformed.



MEETING IN CLASSROOMS #4-5 DOWNSTAIRS
Between the 8:00 AM and 10:30 AM Masses

